



# Avail Health

## & Behavioral Solutions

Over the past 6 years we have been dedicated to serving individuals with disabilities through the Agency for Persons with Disabilities. Our services range from personal supports, supported living services, in-home respite care and companion. Call us to find out more about

### ❖ *Companion Services*

Consist of non-medical care, supervision, and socialization activities provided to person's aged 21 years or older. The service provides access to community-based activities that cannot be provided by natural or other unpaid supports and should be defined as activities most likely to result in increased ability to access community resources without paid support.

### ❖ *Person Support Services*

Provide assistance and training to the person in activities of daily living, such as eating, bathing, dressing, personal hygiene, and preparation of meals. When specified in the support plan, this service can also include heavy household chores to make the home safer. This service can provide access to community-based activities that cannot be provided by natural or unpaid community supports and are likely to result in an increased ability to access community resources without paid support.

### ❖ *Respite Services*

This service is generally used due to a brief planned or emergency absence, or when the primary caregiver is available, but temporarily physically unable to care for or supervise the person for a brief period of time. Respite care is a service that provides supportive care and supervision to individuals under the age of 21 when the primary caregiver is unable to perform the duties of a caregiver.

### ❖ *Supported Living Coaching Services*

Supported living coaching services provide training and assistance, in a variety of activities, to support individuals who live in their own homes or apartments. These services may include assistance with locating appropriate housing, the acquisition, retention, or improvement of skills related to activities of daily living such as personal hygiene and grooming, household chores, meal preparation, shopping, personal finances and the social and adaptive skills necessary to enable individuals to reside on their own.